

 EAR2HEAR

AUGUST PRAYER SESSIONS 2021

FEAR



OFFICIAL
PRAYER GUIDE - week 1

INTRODUCTION

For millennia FEAR has impacted the lives of every person in history. And now it grips the hearts of men, women and children all around the world as we face pandemics, wars, natural disasters, political upheaval and socioeconomic disruption. Everyone does their best to come to terms with the global turmoil that is shaking humanity to its core. Bethel Worship Group sing a world-renown song *“I’m no longer a slave to fear, I am a child of God”*. This is a wonderful and important statement of faith to make for a believer in Christ Jesus. Reality can be so different from what we sing... and can be so very different from what we live in Jesus Christ.

This month our theme for our August Prayer sessions is
“Fear under CHRIST’S Feet”

We believe that all things inspired by sin and darkness should be put under the feet of Jesus. In this 31 day Journey join us as we surrender fears, anxieties, phobias, worries, concerns and cares unto Jesus – the author and finisher of our Faith!

“...casting all your cares [all your anxieties, all your worries, and all your concerns, once and for all] on Him, for He cares about you [with deepest affection, and watches over you very carefully].”

1 Peter 5:7 AMP

DAY 1 - “THE SPIRIT OF FEAR”

Our bodies are designed to survive against threats against us. Not all threats are of the natural kind! A **spirit world exists** and various evil entities work to increase our fears to overwhelming and destructive levels. The **Spirit of Fear** especially works to this end. It goes around depositing lies and doubts within our lives to stir within us anxiety, cares and phobias of all kinds. Many allow this **spirit** in without realising it – making home with us – impacting us sometimes all our lives long.

Jesus gives His Children help to overcome the Spirit of Fear.

We as followers of Jesus have the Authority and the Power to address this evil spirit. Through the name of Jesus, we can be freed (or help free others). We can speak to the spirit and instruct it to leave us in Jesus name...

“If you ask Me anything in My name [as My representative], I will do it.”

John 14:14 AMP

In the name of Jesus, every spirit of darkness has to be obedient.

At His name, every principality and power need to bow. In His name, the propaganda, lies and deceptive works of Satan have to surrender.

The Holy Spirit can comfort our hearts supernaturally.

Ask the Holy Spirit to show you where you may have opened a backdoor for the enemy to exploit you. Backdoors can be a foothold of any kind that gives the enemy an excuse to invade your life. Sin and brokenness are some of the most common footholds that we give the enemy. Be willing to ask the Holy Spirit to expose the lies that are keeping you in FEAR or ANXIETY. Ask the Holy Spirit to help you surrender your fear. Ask the Holy Spirit to guard your heart!

The Bible has many promises that help us confront the Spirit of Fear. Read:

Romans 8:15; Proverbs 4:23; 1 Peter 5:8

PRAYER REQUEST - A GREAT AWAKENING

Dear Father in the great and uncertain times we live in we ask you to bring a great move of your Holy Spirit upon the people of this planet. We ask that the Gospel of the Kingdom will move through the whole earth as a beacon of Salvation and Hope to the nations in need of a real and powerful saviour. Jesus Christ saves to the uttermost – for all who will believe, receive and repent of their sins and turn to God in Faith and relationship.

In Jesus name, Amen



DAY 2 - “FEAR OF DEATH”

Fear of death grips our hearts like a tight rope. It pulls tighter and tighter till we cannot breathe. Most fears are based on the unknown. For the believer and unbeliever, the fear of death can be very challenging. Our bodies have mechanisms designed to keep us from cutting our lives short. This is part of the autonomic nervous system’s “fight or flight mode”. When faced with the danger that may cause death **we run** or **we confront** the danger. Sometimes when the fear of death moves beyond our God-given mechanism of survival into unexplained anxiety then we need help to understand and overcome the fear of death.

Jesus gives His children assurances about death many times. One such time can be found in John 14:1-4 NLT...
“Don’t let your hearts be troubled. Trust in God, and trust also in me. There is more than enough room in my Father’s home. If this were not so, would I have told you that I am going to prepare a place for you? When everything is ready, I will come and get you, so that you will always be with me where I am. And you know the way to where I am going.”

This is good news... death is not the end of the journey. The Spirit of Fear would let us think there is no hope. BUT there is a place prepared for those who love God, who have

believed and followed Jesus with all their hearts. It is not
hopeless!

The Holy Spirit can comfort our hearts supernaturally.

Open your heart to receive His comfort about the uncertainty of the future. Ask Him to show you personally how death is not the end of the journey. Surrender your future in His hands so He can release supernatural peace into your spirit. Allow the Holy Spirit to rule over Fear of death.

The Bible has many promises that help us confront our fear of death. Read: [1 Corinthians 15:50-58](#); [Revelations 21:4](#); [Romans 14:8](#); [Ecclesiastes 12:7](#); [John 11:26](#)

PRAYER REQUEST - THE CORONAVIRUS GLOBAL PANDEMIC

Dear Heavenly Father, We ask that you defeat this global disease that has gripped the world. It has inspired fear, despair, hopelessness and trauma. This is the work of Satan who comes to kill, steal and destroy (John 10:10). We ask that you would come and release your life on this planet. That you would help believers to stand together in prayer as we see the works of Satan destroyed.

In Jesus name, Amen



DAY 3 - “FEAR OF THE FUTURE / OR THE UNKNOWN”

“Never be afraid to trust an unknown future to a known God.” Corrie Ten Boom

Fear can intimidate the most insightful, vision filled people. The Spirit of Fear does not discriminate but blinds its target with a dark view of the future. He deceives men, women and children as they face the unknown – telling them that the deep hole of the future is too great for them to survive. He tells them false truths and half-lies. This spirit tricks and confuses anyone who gives ear to its schemes concerning the future.

James 4:15 TPT **“You should say, Our tomorrows are in the Lord’s hands and if he is willing we will live life to its fullest and do this or that.”**

If God is willing – as His children, we will live life to its fullest! No spirit (except the Holy Spirit) can reveal to us the truth about the future. So don’t listen to everything that is spoken to your heart or your mind. TEST every word that comes your way. God has the future in His hands.

Jesus gives His children assurances about the future many times. One such time can be found in John 14:18 AMP...

“I will not leave you as orphans [comfortless, bereaved, and helpless]; I will come [back] to you.”

We live in comfort for the future – because the Holy Spirit is sent to us by Jesus to comfort those who open their hearts to Him about the future.

The Holy Spirit can comfort our hearts supernaturally.

Ask the Holy Spirit for His peace and assurance! Ask Him to reveal to you how He is holding the future. Ask Him for Prophetic Words, Words of Knowledge and Words of Wisdom to speak to your spirit so that you may fully grasp the extent to which He holds the future and the unknown.

Ask for discernment so you can know what is the truth about your future!

The Bible has many promises that help us confront our fear of the future. Read: [Jeremiah 29:11](#); [Proverbs 3:5-6](#); [2 Corinthians 4:17-18](#); [Proverbs 16:1-4](#)

**PRAYER REQUEST - THE FUTURE OF OUR FAMILY,
COMMUNITY, CITY & NATION**

Dear Heavenly Father, We come to you asking humbly for your help for my (family/community/city/nation). We give them to you. Fulfil your plans and purposes for them in Jesus name. You Hold their future in your hands.

In Jesus name, Amen

DAY 4 - “FEAR OF LOSS”

What we own, what we have worked for and what we have received are very important to us. This can be people and not just material things. When we are threatened with loss of any kind – we will defend and fight for it to the last breath if necessary. The Spirit of Fear will tell you that there is not enough to sustain you. Or it may tell you that you could lose people close to you and then you will be alone. Yet we know that God cares for us. The Spirit of Fear may tell us of impending loss or doom – but we must trust God and continue living for Him and His glory! Even if it costs us our lives! Jesus’ life was threatened many times. Eventually, He lost His life, but He gained a greater glory that we cannot begin to understand. We may also risk losing much for the Kingdom... but that is okay because there is a greater glory waiting for us who have not bowed down to the fear of loss. Luke 13: 31 – 33 NLT: **“At that time some Pharisees said to him, Get away from here if you want to live! Herod Antipas wants to kill you! Jesus replied, Go tell that fox that I will keep on casting out demons and healing people today and tomorrow, and the third day I will accomplish my purpose.”** It is time to tell that old fox, the Spirit of Fear, that he will not succeed in His purpose... even if we lose – we still win.

Jesus gives His children assurances about His provision. He tells us not to worry. God has the future in His hands and He will care for us: **“...So don't worry about these things, saying, 'What will we eat? What will we drink? What will we wear?' These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.”**

Matthew 6:25-31 NLT (Please read entire scripture).

The Holy Spirit can comfort our hearts supernaturally. Ask the Holy Spirit to reveal to your heart where people or material things have kept you, prisoner, to a fear of loss.

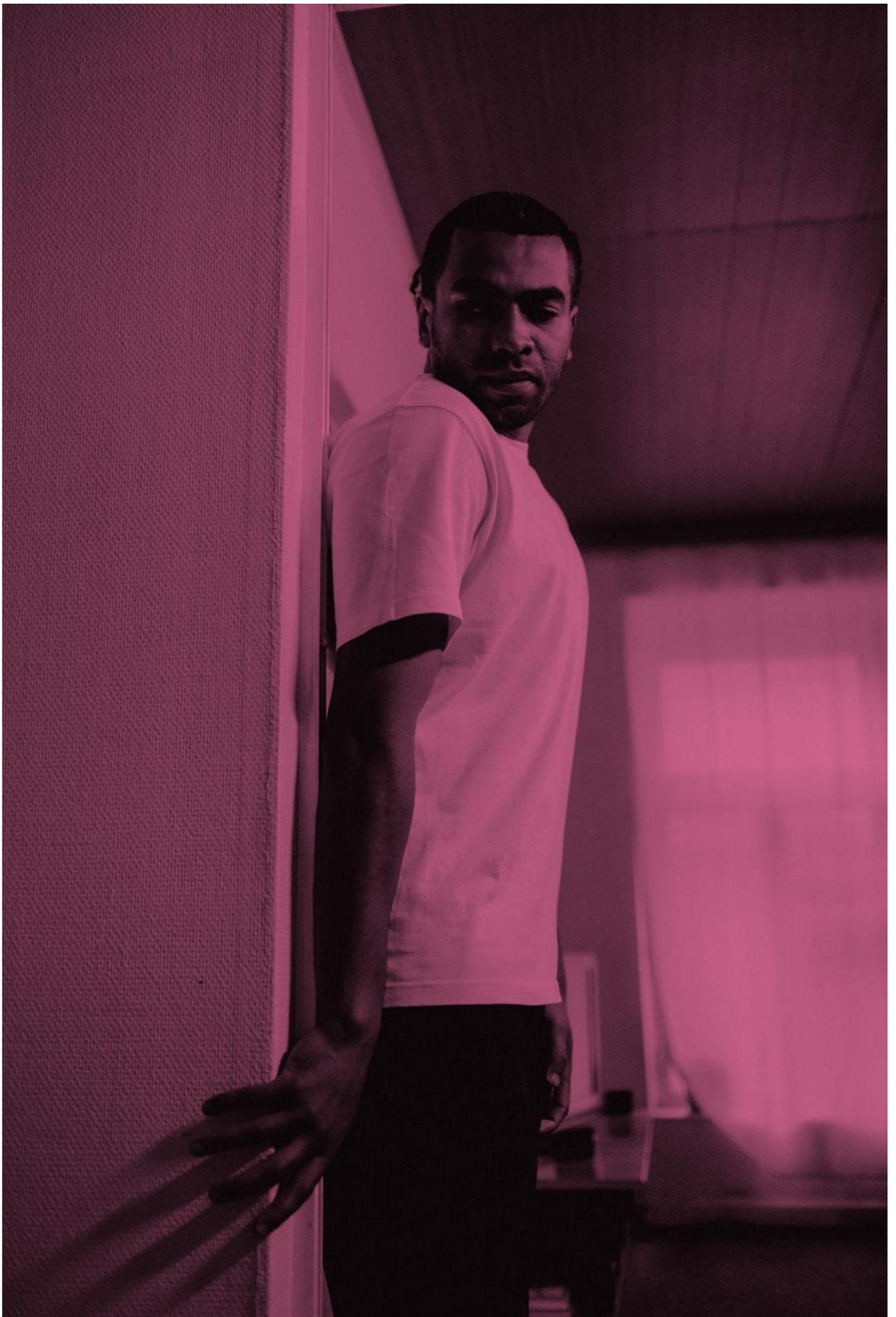
The Bible has many promises that help us confront our fear of loss. Read: [Philippians 1:21](#); [1 John 2:15-17](#); [Luke 14:33](#); [Mark 8:34-35](#); [Luke 9:23](#); [Luke 9:57-62](#)

PRAYER REQUEST - FOR GOD'S PROVISION

Dear Father, We grab hold of your promises where you say over and over - you care for us. We will no longer worry about loss. We will only trust in you to care for us, our families, our community, our city and our nation. We will not worry about the news and the economy of the world.

We will trust in your able hand!

In Jesus name, Amen



DAY 5 - “FEAR OF FAILURE”

The Spirit of Fear has planted a very dangerous lie in the hearts of many men and women. The word of Jesus has been twisted by this spirit to create a deep sense of fear in the body of Christ. Matthew 5:48 has been used to create havoc in way too many lives. **“You are to be perfect, even as your Father in heaven is perfect.”**

This scripture is pulled out of context among so many Christians in so many Churches – and often by so many Church leaders as well. The word “perfection” is correctly written in Aramaic, Greek and Hebrew as “Mature”. Be grown-up. In other words, don’t stay as a baby Christian. Some Christians you will meet are so afraid of failure or the perception of failure as if they will let their family, friends and fellow loved ones down. Sometimes they fear the consequences of failure. Sometimes they fear that failure is like the false god known as “luck” and once you fail... failure will follow you wherever you go!

If anything we learn from our mistakes. That is how we are wired. We learn from failure. It is one of God’s tools to teach us for a future that is perfect in glory one day.

Jesus gives His children assurances about failure.

Matthew 11:28-30 NLT **“Come to me, all of you who are weary and carry heavy burdens, and I will give you rest.**

Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light.” Jesus is not afraid of our failures. His mercy, understanding & forgiveness are so much greater than what we know. That said, we still need to come to Him & trust Him to help us through our failures, to teach us, and show us which way is the better way. Never be afraid to ask questions and with humility, get up and try again.

The Holy Spirit can comfort our hearts supernaturally. Ask the Holy Spirit to help you make peace with failure. Ask Him to show you how through Jesus we can be forgiven and learn from mistakes. Ask Him to help you forgive yourself once you have made right with God.

The Bible has many promises that help us confront our fear of failure. Read: [Psalm 73:26](#); [Proverbs 28:13](#); [Proverbs 24:16](#); [John 3:16](#); [Romans 3:23](#); [2 Corinthians 5:17](#); [1 John 1:9](#);

PRAYER REQUEST - FOR GOD'S COMFORT

Dear Father, we pray for all who have suffered terrible loss during the Corona Pandemic. Loved ones, Businesses, Homes. Help your children to use this time to reach out to those who mourn! We ask you to come to restore & comfort according to your will.

In Jesus name, Amen.

DAY 6 - “FEAR OF DISAPPOINTMENT OR REGRET”

Disappointment/regret can lead to powerful and very overwhelming emotions. At times people with incredible vision and wonderful dreams are sometimes too scared to launch for fear that their visions and dreams would not materialize as they saw in their mind’s eye. Christians are at risk of great loss, as God places within them supernatural dreams and visions, but they settle for mediocre accomplishments! **“If your vision of your future can be accomplished by you alone, it probably is not the real vision God has put inside you. God fills us with visions that are impossible for us—utterly impossible for us to accomplish in our own strength or by our own resources. He wants us to come to the place of complete dependency on Him. When we are dependent, then He can do a miracle.”** Heidi Baker, Reckless Devotion.

God Is going to help you accomplish what he has set in your heart and spirit... **“He who began a good work in you will bring it to completion at the day of Jesus Christ”**

Philippians 1:6

Jesus gives His children assurances about disappointment or regrets. **“For thus it stands in Scripture: Behold, I am**

laying in Zion a chosen (honoured), precious chief Cornerstone, and he who believes in Him [who adheres to, trusts in, and relies on Him] shall never be disappointed or put to shame.” 1 Peter 2:6. The dreams and visions God

give us are good – and as we believe Him and trust Him to work, we will not be disappointed. He reminds us that even

if we have lost opportunities, He will heal our disappointments and regrets for **“He will wipe every tear from their eyes, and there will be no more death or sorrow or crying or pain. All these things are gone forever.”**

Revelation 21:4 NLT

The Holy Spirit can comfort our hearts supernaturally.

Ask the Holy Spirit if you are living under a cloud of fear because of the possibility of disappointment or regret. Ask the Holy Spirit to show you the right time and way to fulfil the vision/dream – ask him for boldness to walk by faith.

The Bible has many promises that help us confront our fear of disappointment & regret. Read: Psalm 22:5; Psalm 34:5; Psalm 119:116; Romans 10:11; Philippians 3:13;

PRAYER REQUEST – DESIRE TO SEEK & FIND THE LORD

Dear heavenly Father, Please move with your Holy Spirit throughout the earth so salvation and deliverance may come to billions. In Jesus name Amen



DAY 7 - “FEAR OF REJECTION”

Humans are creatures who love to be accepted... among family, friends and social circles we crave that sense of belonging. Sometimes the fear of rejection can be such a powerful force that we are willing to compromise who God has called us to be, just so we can fit in or be accepted by people. The Spirit of Fear will come alongside these fears to deposit more lies into our hearts - that we are unloved and unwanted. **“Listen to the Lord who created you. O Israel, the one who formed you says, Do not be afraid, for I have ransomed you. I have called you by name; you are mine.”** Isaiah 43:1 NLT. Pursuing acceptance with people first will always fire inner conflict within the heart of the believer. When we pursue acceptance by God, it doesn't matter if people accept us or not. Spirit-filled people will recognize God's acceptance and receive us into their lives. Please note... the Lord and believers may not always agree with you (do not allow the Spirit of Fear to confuse this with rejection). There are choices we make and directions that we follow which can be wrong. The Lord and Spirit-filled believers may not agree with the choices we make. But still, lovingly accept you as God's child. Even Godly Church discipline is not a sign of rejection, rather a desire to restore

unity among the brethren. For those rejected for sharing the Gospel (see Matthew 10:13-15).

Jesus gives His children confidence that we are accepted.

Jesus takes us out of this world, He helps us by the Holy Spirit to clean our lives up. He then presents us to the world as His chosen. Even if the world rejects us, nothing can separate us from His love and acceptance.

“I have chosen you and taken you out of the world to be mine.” John 15:19c TPT

The Holy Spirit can comfort our hearts supernaturally.

Ask the Holy Spirit to reveal places where fear of rejection has caused you to compromise or disobey God. Ask Him to cleanse you of the lies which occupy your heart and ask Him to comfort you supernaturally to know His acceptance.

The Bible has many promises that help us confront our fear of disappointment & regret. Read: [Leviticus 22:29](#); [John 1:12](#); [Galatians 1:10](#); [2 Corinthians 5:9](#); [Romans 15:7](#);

PRAYER REQUEST – FOR THE PERSECUTED CHURCH

Dear heavenly Father, we ask you to comfort our brothers who have been called by you but rejected by men. Comfort those who are in the grips of persecution, suffering, torture & pain. Please may their testimonies shine for You amid the suffering to win the lost at any cost! In Jesus name, Amen.



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